

We asked,

What does aging in place mean to you?

Canadians aged >60 years shared with us their thoughts and perspectives on the meaning of 'aging in place' and how it can be supported through a survey (489 participants) and focus groups (19 participants)

The majority lived in British Columbia (97%) and live in a single family home (65%) and feel supported (82%) to maintain their independence as they age.

88% prefer to age in a single family home or a condo/apartment



FAMILY
SUPPORT
WAS RANKED
THE MOST IMPORTANT
FACTOR TO REMAIN
INDEPENDENT

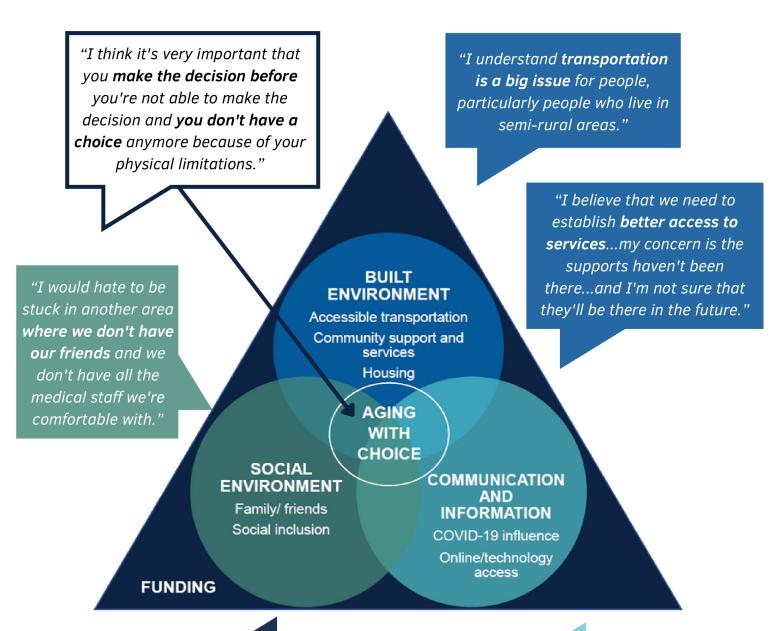
HEALTH
PRACTITIONERS WERE
THE MOST IMPORTANT
SOURCE OF SCIENCE
AND HEALTH-RELATED
INFORMATION

70%

HAD HEARD OF THE TERM "AGING IN PLACE"

Thematic Analysis

This figure shows the major themes that emerged in our study. *Aging with choice* was central to each theme and connected across all themes. Optimal choices become possible only when the built environment and the social environment are supportive of aging in place and when information on how to access those supports is readily available. All of these are influenced by the underlying funding landscape.



"Our government system is placing the resources in facilities, and not so much into home support...we're really looking for other options."

"There's also the issue of the internet, for example, my doctor...you have to book your appointments online."



Research by the Aging In Place Research Cluster at the University of British Columbia Okanagan

Contact us: aging.inplace@ubc.ca

Website:

https://aginginplace.ok.ubc.ca/

Facebook: agingingplaceUBCO

Instagram: aginginplaceubco

Twitter (X): @ageinplace_UBCO

